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STAR OF MYSORE

OUR EVENING DAILY

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E-mail: voice@starofmysore.com
ad@starofmysore.com

MYSURU Sunday 2nd August 2020
City Offices: K.R. Circle Ph: 2431774
Devaraja Urs Road Ph: 2428695
Visit: www.starofmysore.com

53 healthy babies born to COVID-positive women

By M.T. Yogesh Kumar

Mysuru, Aug. 2- At a time when the Mysuru is witnessing a rapid increase in the number of COVID-19 cases, the birth of 53 healthy babies to COVID-positive women has brought hope and joy to hospital staff and those involved in the effort to contain the spread of the viral disease. Notably, all the babies have tested negative and their mothers are on their way to recovery.

Pregnant women are considered to be in the high-risk category and in case they test positive, they are admitted to Lakshmi Devamma Shankarashetty Hospital at Jayalakshmipuram that has been converted into an exclusive COVID maternity hospital.

The first childbirth was reported on June 20. Subsequently, deliveries were reported on June 27, 28 and 30. Till July 27, 53 babies have been delivered and of them 41 are Caesarean Section births and 12 are normal deliveries. 28 were boy babies and 25 are girls.

Lakshmi Devamma Shankarashetty Hospital at Jayalakshmipuram that is now COVID maternity hospital.

While the entire Health Department was working on a war footing to fight the crisis, these were tougher days for the gynaecology wing that has to ensure safe treatment to pregnant women. They had to ensure safe deliveries and took care to save the babies from the contagion.

High-risk category

Pregnant women are at a higher risk of contracting COVID-19 and they are vulnerable to infection because of the changes in their body and weaker immune system. Hence, pregnant women have to take extra precautions just as the elderly.

Keeping these factors in mind, Mysuru Deputy Commissioner Abhiram G. Sankar directed District Health Officer to establish an exclusive maternity hospital for pregnant women.

(See BABIES on page 6)

COVID deals a big blow to real estate revenues

Mysuru, Aug. 2 (RK&BCT)- The COVID-19 pandemic has affected the real estate scene in Mysuru where students and professionals do not feel the need to pay high rents to stay on in the heart of the city anymore. As work from home is the new norm, they are shifting to their native places or moving to the city outskirts as rents are cheaper there when compared to the Central Business District.

As a result, many houses in central areas are vacant. When the first lockdown was announced in March and subsequently extended, many rented houses were vacated as many people lost their jobs while most of the professionals faced a steep salary cut. These factors — job losses, salary cuts, businesses shutting down — have played a role in changing home rental patterns.

In many areas of the city that are considered as a haven for home rentals, rents have fallen or are being renegotiated.

Remote work arrangements and online classes, which do not require professionals to stay near their workplace or children's school, salary cuts and job losses are among the factors that have triggered a reverse migration.

Even the thriving business of Paying Guest accommodation and furnished apartment business have seen a slump. Many houses in Hebbal, Vijayanagar, Mahadeshwaranagar, Metagalli, Kumbarakoppal, Loknayaknagar, Manchegowdanakoppal, Lakshmikanthanagar, Hinkal, Hootagalli — the areas that had mushrooming rental, PG and serviced apartment business due to the concentration of IT companies — are vacant and landlords are finding it difficult to repay the surety and bank loans taken to invest in properties.

There is absolutely no demand for single-room accommodation and even 2 BHK houses as many migrant workers have left Mysuru to their native places and so far there is no news of them returning.

(See REVENUES on page 7)

To Our Readers

Turn to Page-6 for Abracadabra titled "Nostalgically Speaking — 3: Mr. Srikantadatta Narasimharaja Wadiyar". —Ed

Mysuru COVID-19 UPDATE

Figures as per Government Media Bulletin released last evening

Positive cases yesterday	:	365
Total POSITIVE cases	:	4,582
Discharges yesterday	:	74
Total discharges	:	1,591
Deaths yesterday	:	9
Total deaths	:	151
Total active cases	:	2,840

STAR OF MYSORE

"We believe comment is free, but facts are sacred."

Editor: M. GOVINDE GOWDA, M.A.

Mysuru, Sunday 2nd August 2020

"Effective Management of Institutional E-Waste"

Mysuru, Aug. 2- The Department of Chemistry, GSSSI-ETW, Mysuru, had organised TEQIP 1.3 sponsored one-day Non-teaching staff Enrichment Online Programme on "Effective Management of Institutional E-Waste" on July 30 in association with VTU, Belagavi, Aryabhatta Knowledge University, Patna, Bihar and Biju Patnaik University of Technology, Rourkela, Odissa, through Google Meet online platform.

Dr. S. Manjappa, Director of Research & Consultancy, Sahyadri College of Engineering & Management, Mangaluru, who was the keynote speaker for the first Session, explained that all advancement in information technology and communications has stimulated the economy and improved the living standards of the human race.

However, the dependency on electronic products has led to new environmental problems. E-waste is one of the largest known sources of heavy metals and pollutants in the waste stream. The hazardous or toxic materials such as lead, mercury, cadmium, chromium, brominated and chlorinated compounds pose threat to human health and environment, if they are not properly disposed, he observed.

B.Y. Mallesh, Technical Advisor, Knowx Innovation Pvt. Ltd., Bengaluru, who was the keynote speaker for the second session emphasised the importance of scientific disposal methods to be followed to dispose the e-waste. The illegal dumping of e-waste has resulted in contamination of soil, water and air. The uncontrolled fires in the e-waste landfills result in emission of highly toxic, carcinogenic fumes, such as dioxins and furans, which affects the ambient air in the local environment and finally results in global warming, he said.

There were 138 participants from various engineering colleges across Karnataka.

The event was supported by Vanaja B. Pandit, Hon. Secretary, GSSS, R. K. Bharath, CEO, GSSS, Dr. M. Shivakumar, Principal, GSSSIETW and Anupama B Pandit, Administrative Officer, GSSSIETW.

The event was coordinated by Dr. S. Bellappa, Professor and Head, Department of Chemistry and Syeda Nausheen Fathima, Assistant Professor, Department of Chemistry, GSSSIETW, Mysuru.

EDITOR'S BOTTOMLINE

Can too much of a good thing be bad for you? Of course. The modern C-section procedure has been a life-saver for countless women and children, wherever hospital delivery has grown more common. But as WHO states, the number of maternal and new-born deaths decrease only until caesarean deliveries rise towards 10% across the population, after which there is no evidence that mortality rates improve. So it is a real cause for concern when the latest NSO survey on the state of India's health finds that the share of women delivering through C-section has crossed 28%.

To reiterate, C-sections save lives when there is a medical crisis but endanger health when they are elective. Consider that C-sections are 17% of births in Government Hospitals but 55% in Private Hospitals. Something is very amiss here. Where patients and their families themselves push such interventions, doctors need to provide better guidance. But where it is the service providers who are guilty, State needs to scrutinise the data and direct course correction. Normal deliveries should be the norm. *— In The Times of India*

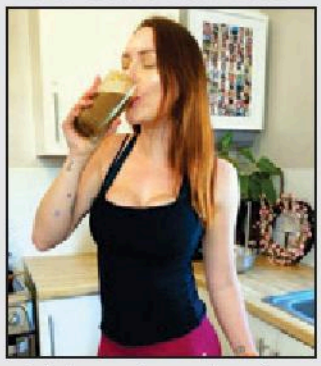
NEWS SPARKLERS

Drug lord allegedly builds his own private hospital

Mexico: Boss of Mexico's fastest-growing drug cartel Nemesio Oseguera Cervantes alias 'El Mencho' has allegedly built his own private hospital in order to avoid having to treat his illnesses at other, less secure healthcare facilities.

El Mencho, under whose leadership the Jalisco Nueva Generación Cartel (CJNG) became the most prominent criminal organization in Mexico, reportedly suffers from kidney failure and other serious illnesses that require constant medical care. Unlike most drug kingpins, who usually keep doctors on their payrolls in order to avoid going to hospitals where they could be arrested or killed by Police, El Mencho decided to go one step further. Because his serious kidney condition means he can't have it treated in one of his many mountain hideouts across Jalisco, he allegedly decided to build his own hospital.

Mum drinks sperm smoothies to fight off Coronavirus



Aylesbury: A mother-of-two believes that drinking smoothies with a shot of sperm have helped to boost her immune system and is helping prevent Coronavirus. Tracy Kiss, 32, a personal trainer from Aylesbury says, "I found a free and vegan-friendly alternative method to boost the body's immune system. You don't always know what is in pharmaceutical medicine – it is much better for the body to drink something that doesn't contain chemicals. It isn't much different to a mother breastfeeding her newborn to give them the nutrients they need. It isn't for everyone but it is packed full of vitamins and I haven't had a cold or flu ever since drinking it in 2017 – I also put it on my face to clear up my skin." It is best to consume semen as close to production as possible to get the most nutrients and benefits, she added.

HEALTH CAPSULE by Bron Smith

What are some basic exercises to keep me in shape?

Many health trainers agree planks, squats, chair dips and push-ups provide a complete full-body workout with minimum time involvement. You'll find these exercises demonstrated in books on many online sources.

** Health Capsules is not intended to be of a diagnostic nature.*

Mysuru Zoo: Animal adoption continues in COVID times

Mysuru, Aug. 2- There seems to be good response for animal adoption during COVID times with the following individuals and institutions adopting the animals of Mysuru Zoo under "Adoption of Animals" scheme by paying the Adoption Fee:

B. Basavaraja and M. Shilpa, Bengaluru - Lion-Tailed Macaque (Rs.10,000), Kayleigh Hunter, UK - Budgerigar (Rs.410), Mahendra Singh Kalappa, Mysuru - Tiger Virath (Rs.1,00,000), The Herd, Friends Animal Society, Mysuru - Black Buck, Four Horned Antelope and White Peacock (Rs.16,000), Nikitha Arvind, Mysuru - Love Bird (Rs.1,000), Tharini Srikanth, Bengaluru - Tawny Eagle (Rs.3,750), Sheetal Patil, Virar-East, Maharashtra - Love Bird (Rs.1,000), Geeta Lokpal Vora, Virar-East, Maharashtra - Love Bird (Rs.1,000), M.J. Nagalakshmi, Chikmagalur - Indian Cobra (Rs.2.000), Prerna Kumar, C/o.T. Kalaiah, Mysuru - Four Horned Antelope (Rs.5,000), Madhusudhan, Bengaluru - Four Horned Antelope (Rs.5,000), M.K. Ranganath, Mysuru - King Cobra (Rs.3,500), S. Nagendra, Bengaluru - Indian Leopard, Spotted Deer, Eclectus Parrot, Star Tortoise (Rs.46,500), C. L. Gully Cricket Boys, Bengaluru - Budgerigar & Scarlet Macaw (Rs.8,500), Shashikanth, Mysuru - Green Anaconda (Rs.10,000), The Chidren of Akhanda Seva for International (operation Shanthi) - Spotted Deer (Rs.7,500), Taandav Media Works Pvt. Ltd., Coimbatore - Alexandrine Parakeets (Rs.4,000), Teju Kumar, Mandya - Indian Cobra (2,000), S. Sarah, Mysuru - Budgerigar (Rs.1,000), Himamshu M. Srivathsa, Mysuru - Finch (Rs.1,000), Sambram Shridhar, Mysuru - King Cobra (Rs.3,500), Samartha Associates Architects & Interior Designers, Bengaluru - Flamingo (Rs.20,000), Lalithamma, Mysuru - Four Horned Antelope (Rs.5,000), according to a press release from the Executive Director, Sri Chamarajendra Zoological Gardens, Mysuru.

Really...?

- *Eating more fruits and vegetables could significantly reduce the risk of many chronic diseases, high BP, obesity, heart disease and some cancers.*
- *Lemon is a good source of Vitamin C. Prevents Scurvy. In the 19th century British sailors ate limes to prevent Scurvy.*
- *There are over 7,000 different types of apples grown all over the world.*

LAUGHTER THE BEST MEDICINE

Exam Invigilator: *Why are you so confused? Did you forget your pen, roll number, calculator?*

Student: *Please keep quiet, I have brought the wrong subject book !!*

Today's Currency Rate

1 US Dollar	= Rs. 74.93
1 UK Pound	= Rs. 98.05
1 UAE Dirham	= Rs. 20.40
1 Euro	= Rs. 88.27

VOICE OF THE READER

Let civic sense prevail in COVID times

Sir,

It pains me reading about extreme callous attitude of our brethren who ruthlessly dump garbage in public and private lands too, unmindful of the consequential hazard on the environment in the already rotten situation owing to the pandemic. It shows lack of basic civic sense on their part.

A few pictures that recently appeared in these columns, aptly explain why COVID-19 is surging by the day. After all one needs to self-realise that Government alone can't look to every minute aspect and it is our responsibility too to extend support giving a helping hand to the administration, least by keeping our surroundings clean and tidy. It is time we all give a serious thought on this and ensure that our heritage city regains the clean city tag it richly deserves.

My temple town Nanjangud is not afar in blatant disregard to this mindset. Domestic waste is strewn here, there and everywhere; in between residential houses or wherever vacant spaces are sighted. The mike announcement by the City Municipality every day calling for segregation of wet and dry wastes fall on deaf ears.

To cite an example, anyone crossing the 19th Cross in the Extension area (between Rashtrapathi & MGS Roads) can easily find heavy pile of garbage of all kinds heaped at a private land facing the busy MGS road. Domestic waste, dried leaves, tender coconut shells, beer bottles, torn clothes, plastic & glass pieces, rotten fruits, carcass of dead animals and what not — all are thrown here on a daily basis *(see picture)*.

Come evening, push cart eateries throng the place, followed by stray dogs all around. It is high time the City Municipality strictly warns the site owner to not only fence his area but put out a board warning severe action against the violators.

— N. Devarajan
on e-mail

Nanjangud
30.7.2020

Obituary

Bhagyamma

Mysuru, Aug. 2- Bhagyamma (55), wife of former MUDA member Shivamallu and a resident of Sunnadakeri, passed away yesterday in city.

She leaves behind her husband, one son, two daughters and a host of relatives and friends. Last rites were performed at the foot of Chamundi Hill this morning, according to family sources.

365 COVID positive cases, nine deaths reported in Mysuru district on Aug. 1

Mandya sees 95 new cases, Kodagu reports 35 and Chamarajanagar sees 43 new COVID-19 infections

Mysuru, Aug. 2 (KS)- Mysuru district has reported 365 new COVID positive cases yesterday bringing the total positive cases in the district to 4,582, according to the media bulletin received last evening.

As many as 1,591 patients have been discharged so far including 74 patients yesterday. Nine COVID related deaths were reported and the death toll so far is 151.

There are 2,840 active cases in the district till yesterday.

The following are the COVID statistics of Mandya, Kodagu and Chamarajanagar districts, according to the State media bulletin received yesterday evening.

MANDYA

The district reported 95 new COVID positive cases yesterday and the total positive cases in the district now stand at 1,660.

A total of 983 patients have been discharged so far including 27 patients yesterday. With one COVID related death reported yesterday, the total deaths in the district are 11 and there are 666 active cases in the district.

KODAGU

Thirty-five new COVID positive cases were reported yesterday bringing the total number of positive cases in the district to 451. As many as 288 patients have been discharged so far and the total COVID-related deaths are 9. There are a total of 154 active cases in the district.

CHAMARAJANAGAR

Forty-three new COVID positive cases were reported yesterday and the total positive cases are 712.

Fifteen patients were discharged yesterday and the total discharges in the district are 415. A total of seven COVID related deaths have been reported so far and there are 290 active cases in the district.

Mysuru Zoo open on Sundays

Mysuru, Aug. 2- As per Government order Mysuru Zoo was kept closed for visitors every Sundays instead of Tuesdays from July 5 to July 26 due COVID-19 lockdown.

Now as per unlock guidelines of Government it is informed to public and Zoo visitors that, Sri Chamarajendra Zoological Gardens, Mysuru and Karanji Lake Nature Park will be available for public viewing on Sundays from Aug. 2 and will remain closed on Tuesdays, according to a press release.

SOUTH WESTERN RAILWAY
E-Tender Notice No. 23/MYS/2020 Dt. 25-07-2020
The undersigned, on behalf of the President of India invites E-Tenders for the following work.

Item of Work	Approx. Value
Nanjangud Town- Improvement to goods loading and unloading platform, compound wall and surface of PF No. 1 of Mysuru end at Nanjangud Town.	Rs. 33,96,463/-

Last date for submission of bids: Upto 11:00 hrs. of 10-08-2020
For details log on: www.ireps.gov.in
Divisional Railway Manager(Works), Mysuru
Pub/105/AAS/PRB/SWR/2020-21

SOUTH WESTERN RAILWAY
Cancellation of E-Tender
Notice No.
MYS-COMML-2020-SLR-16315
Dated 25-06-2020
The above tender notice has been cancelled on administrative grounds.
For details log on:www.ireps.gov.in
Divisional Commercial Manager, Mysuru
Pub/103/AAS/PRB/SWR/2020-21

Sales starts from Today according to Government Rules with Safety precautions
The BIGGEST DISCOUNTED SALE Ever !
Branded Ready made Garments and Shoes
STOCK CLEARANCE SALE
This top most Discount Offer Organised at Kuvempunagar
JAYAMMA GOVINDEGOWDA KALYANAMANTAP, MYSURU
After Discount Upto 30% to 80% on the Sport Sale @ Rs. 350/-, 450/- & 550/-
Kids Wear : Rs.150/-, 250/-, 350/-
Special Counter : Jackets, Sweaters, Sweat Shirts for Mens, Womens & Kids
adidas NIKE Reebok UNITED COLORS OF BENETTON PUMA
WILDCRAFT aurelia W JP Special Calwalk
FLYING MACHINE The Roadster Life Co. GUESS JEANS
For Ladies, Gents & Kids Branded Jeans, Trousers, Chinos Pant, 100% Cotton Shirts, T-Shirts, Jackets, Barmuda, Fancy 3/4, Ladies Top, Plazo, Frocks, Ladies Lower Pant, Jeans Pant, Kurtee, Sarees... and Thousands of Varieties & Designs are available.
Any Item is for Rs. 350, Rs.450 & Rs.550 only
Special Counter: Footwear & Sports Garments: Rs.600 to 1500
SALE 7 DAYS ONLY
(Time : 10 am to 8.30 pm) All Credit Card accepted
JAYAMMA GOVINDEGOWDA KALYANA MANTAPA
Udayaravi Road, Kuvempunagar, Mysore-23
Special Counter : Ladies Footwear items like Flate, Belly, Heels Shoes. Sandal, Ladies Bag. Men Shoes like Puma, Nike, Reebok, Roadstar, Adidas. Branded Sports Shoes, Sandal, Chappal ect. In lots of varieties.
Trolley & Luggage Bags Available. Special counter for Ladies Handbags

NEWS BRIEFS

College admission

City's Maharani's Science College for Women has invited online applications from eligible students for admission to first year B.Sc and BCA courses. The students who have already applied for the two courses by online or offline are required to apply again via website: https://dce.kar.nic.in/DCEadmissions/Admissionform.aspx, according to a press release.

Calling artistes

The Kannada and Culture Department has asked artistes from the district who are receiving monthly pension or widow pension from the District Treasury, to re-register with the Department by producing the necessary documents, as the pension will be henceforth given by the Kannada and Culture Department. The artistes are required to produce copies of Aadhaar card, Election ID Card, Ration Card, Caste Certificate and Bank Passbook along with the filled- in application form at the Department Office located in Kalamandira by Aug. 7. The Department will withhold pension if artistes fail to re-register within Aug. 7, according to a press release. For more details, Contact Ph: 0821-2513225 or Mob: 99006-61099.

Ph.D Awardee

The Karnataka State Open University (KSOU) has awarded Ph.D in Political Science to M.N. Shivanna for his thesis 'Graminabhivrudhi Yojanegala Anushtanadalli Grama Panchayithigala Patra: Chinakurali Grama Panchayathi Kuritha Vishesha Adhayana' submitted under the guidance of Prof. T. D. Devegowda.

KRS Water Level

(Maximum : 124.80 feet)

Today	105.83 ft
Yesterday	105.95 ft
Inflow	3,604 cusecs
Outflow	4,717 cusecs

Kabini Level

(Maximum : 2,284.00 feet)

Today	2,277.66 ft
Inflow	4,331 cusecs
Outflow	2,500 cusecs

Harangi Level

(Maximum : 2,859.00 feet)

Today	2,856.77 ft
Inflow	705 cusecs
Outflow	1,150 cusecs

Cash crunch: MUDA to auction 300 sites

Sites at Saraswathipuram, Vijayanagar, Shantaveri Gopalagowdanagar, Dattagalli, Lalithadrinagar, Lal Bahadur Shastri Nagar, Srirampura, R.T. Nagar and Vasanthanagar

MUDA Commissioner Dr. Natesh

Mysuru, Aug.2 (SBD&DM)- The cash strapped Mysuru Urban Development Authority (MUDA) in a bid to mop up revenues, has come forward to auction 300 sites online.

The 300 sites available in dimensions of 20'x30', 30'x40', 30'x50', 50'x80' and 60'x40', are located in nine localities —Saraswathipuram, Vijayanagar, Dattagalli, Lalithadrinagar, Shantaveri Gopalagowdanagar, Lal Bahadur Shastri Nagar, Srirampura, R.T. Nagar and Vasanthanagar.

The online registration for participating in the auction has already begun, with MUDA issuing applications on its E-Procure web portal. The applications must be submitted online along with a Registration fee of Rs.1,500.

The EMD (Earnest Money Deposit) for sites that have basic price of Rs. 1 crore is Rs. 1 lakh and Rs. 3 lakh for sites having base price of more than Rs. 1 crore. Those who are unable to apply online, can visit the MUDA office and submit their applications at the Help Desk, from where the applications will be sent online. As the MUDA is auctioning the sites online, there is no scope for middlemen and the sites will be disposed off in a transparent manner. The auction is scheduled to take place from Aug.13 to 20. As MUDA has displayed all details regarding the location and dimension of sites, the buyers can prepare themselves for purchasing the site according to their preference.

The registration for the first 75 sites will be open till Aug.13, for sites 76 to 150 till Aug.16, for sites 151 to 225 till Aug.17 and for sites 226 to 300 till Aug.18. The auction will take place two days after the end of respective deadlines. The successful buyer has to remit 25 percent of the site value within 72 hours of auction. The buyer will have 45 days time to remit the balance amount or with interest after 45 days thereupon.

MUDA Commissioner Dr. D.B. Natesh told *Star of Mysore* that the MUDA has been receiving good response from the public for the auction of 300 sites. Interested buyers can purchase the sites directly from MUDA, leaving no scope for middlemen. As the MUDA is now issuing Title Deeds directly, the buyers an avail loans from the banks easily.

Also the general condition that the buyer cannot sell the sites before ten years of registration will not apply in this case and as such the buyer can sell it to anyone after registration if he/she gets a better price, he said and added that the auction provides a golden opportunity for interested buyers to get a site of their choice. Dr. Natesh further said that several NRIs too are showing interest for participating in the auction of MUDA sites, which explains the demand for prime sites in developed localities.

Two women commit suicide in city

Mysuru, Aug. 2 (SPN&DM)- Two women committed suicide in two separate incidents in city on Friday.

In the first incident, Deepa (28), a married woman, ended life on the following day of her 10th wedding anniversary by hanging self at her residence in PKTB Quarters on Friday morning. Deepa, who worked as a nurse at PKTB Hospital had married one Parasappa Kattimani of Vijayapura 10 years ago and the couple had celebrated their wedding anniversary on Thursday. But she ended life by hanging self at her residential quarters on Friday morning and the cause for her extreme step is not yet known, according to V.V. Puram Police who have registered a case in this regard.

In the second incident, a 19-year-old married girl ended life by hanging self at her residence in Muneshwaranagar here on Friday. The deceased id Pallavi, a native of Maralur in Nanjangud taluk. She had married Siddaraju of Muneshwaranagar a year ago. But Pallavi ended her life by hanging self in the bathroom of her house on Friday morning when nobody else was in the house, according to the jurisdictional Vidyaranyapuram Police, who have registered a case in this regard.

One killed, three others injured in group clash at Nanjangud

Nanjangud, Aug. 2 (RS&DM)- One person was killed and three others sustained injuries in a clash between two groups over a trivial issue at Madralli village in Nanjangud taluk yesterday night.

Mahadeva (43), of Madralli who worked as a labourer is the deceased, while the injured have been identified as Lingaiah, a waterman with the local Gram Panchayat, Hrithik Roshan and Chandan.

Mahadeva was talking to Lingaiah at his village at about 8.30 pm on Saturday night, when a rival group led by Mahadevaswamy of the same village, argued with him over an old issue and attacked him with lethal weapons, killing him on the spot and inflicting injuries on Lingaiah, Hrithik Roshan and Chandan who came to his rescue. While Lingaiah was rushed to K.R. Hospital in Mysuru, the other two injured are being treated at Nanjangud Hospital.

The accused who have been named as Mahadevaswamy, Nanjundaswamy and Soma, have gone absconding, it is learnt. Tight Police security has been provided at the village following the incident.

Additional SP Shivakumar, Dy.SP Prabhkar Rao Shinde, Nanjangud CPI Lakshmikant Talwar and other Police personnel visited the spot. Kavalande Police have registered a case in this regard and are investigating.

Destroyed flowers pile up at JK Grounds

Mysuru, Aug.2 (PM&DM)- Flower vendors, who suffered losses due to Friday's heavy downpour in the city, have urged the MCC authorities to make proper arrangements before ordering them to shift Devaraja flower market to J.K. Grounds.

As a crowd-control measure for Varamahalakshmi festival, the MCC had ordered temporary shifting of Devaraja Flower Market to the more spacious J.K. Grounds from July 29 to 31. But the heavy rains that lashed the city on Varamahalakshmi Festival (July 31) day, destroyed over 1,000 kg of flowers totally, causing huge losses to the vendors.

Although the flower sellers have returned to Devaraja Market, they left behind destroyed and rotten flowers at J.K. Grounds without bothering to clear them, which has led to the pile up of flowers.

N. Manjunath, owner of Gayathri Flower Stall, told *'Star of Mysore'* that although the temporary shifting of Devaraja flower market to J.K.Grounds was a good decision in the wake of the rapid spread of COVID-19, the authorities had not bothered to put proper arrangements in place at the new venue.

Maintaining that flowers totally weighing more than a 1,000 kg were destroyed by Friday's heavy downpour, he opined that the Dasara Exhibition Ground was a better place for them to do business in case of temporary shifting.

Opining that Puja material sellers too be allowed to do business along with flower vendors at the shifted place as this measure will help in restricting movement of people from one place to another, Manjunath said that the authorities must ensure proper facilities at new locations before asking them to shift there during the times of crisis such as this one.

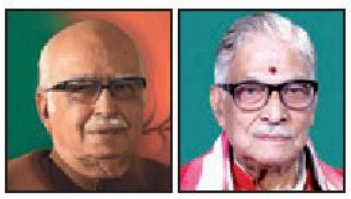
Advani, Joshi to attend Ayodhya ceremony via video conference

New Delhi, Aug. 2 (UNI)- Veteran BJP leaders L.K.Advani and Murli Manohar Joshi will not visit Ayodhya for the ground-breaking ceremony for building of a temple there. The two leaders will instead attend the Aug. 5 event via video-conferencing, sources told UNI.

Both the leaders were invited via phone calls on Saturday by the Trust set up to oversee the construction. An invitation is also being sent to the two senior leaders by the General Secretary of the Ram Janmabhoomi Teerth Kshetra Trust, which was set up by the Supreme Court after its landmark verdict in November last year.

Last week, Advani — who was the face of the movement to build a Ram Temple at Ayodhya in the 1990's — appeared before a special CBI Court in Lucknow via video link to answer questions relating to the mosque's razing. Advani, 92, who is among the accused in the case and was asked more than 100 questions over four-and-a-half hours, has denied all charges, according to his lawyer.

The CBI has said Advani, and other leaders like Joshi, Uma Bharti and Kalyan Singh made incendiary speeches from a dais close to the mosque, which



L.K. Advani *Murli Manohar Joshi*

motivated the razing of the structure. Joshi, who also recorded his statement before the same Court, said that those who had deposed against him done so for political reasons and that all allegations against him were false.

Former Union Minister Uma Bharti, who also recorded a statement, has declared that the judgement in the hugely contentious case did not matter to her. "I was called by the Court for my statement and I have told the Court what was true. It does not matter to me what the judgement will be. If I am sent to the gallows, I will be blessed," she said.

Grand preparations have been made for the Aug. 5 ceremony, which will revolve around the installation of a 40 kg silver brick as the foundation stone; this will be set by the Prime Minister. The guest list has been trimmed to around 50 VIPs because of restrictions on travel and gatherings during the Coronavirus outbreak, the Trust has said.

Former Union Minister Uma Bharti and former Uttar Pradesh Chief Minister Kalyan Singh, who said he had no regrets over the events of Dec. 6, 1992 - when the Babri Mosque was destroyed - have been invited.

Top leaders of the Rashtriya Swayamsevak Sangh (RSS) including its chief Mohan Bhagwat and General Secretary Suresh Bhaiyyaji Joshi are also being invited for the event along with VHP's Working President Alok Kumar, a trustee of the temple said.

Meanwhile, Maharashtra Chief Minister Uddhav Thackeray, whose Shiv Sena broke away its long alliance with the BJP after Assembly elections, has yet to be invited. His party has demanded an invitation, saying it had given "blood and sweat" for the temple.

In November 2019, the Supreme Court ruled that the then disputed 2.77 acres in Ayodhya would be given to a Government-run Trust for the building of a temple for Lord Ram and Muslims will be given a five-acre "suitable" plot elsewhere in the district.

The verdict, in a case that has been and continues to be a religious and political flashpoint, was passed unanimously by a five-Judge constitution Bench amid appeals for peace by political and religious leaders and heightened security across the country.

CM issues directions to provide facilities at K.R. and District Hospitals, says MLA Ramdas

Mysuru, Aug. 2 (PM&DM)- K.R. MLA S.A. Ramdas said that Chief Minister B.S. Yediyurappa responding to his plea for improving infrastructure at K.R. Hospital and the District Hospital (designated COVID-19 Hospital), has issued directions to all the concerned Departments for providing necessary facilities, manpower and medical equipment to the two hospitals.

S.A.Ramdas

Addressing a press meet at Patrakarthara Bhavan here yesterday, Ramdas said that he had submitted a memorandum to the Chief Minister appealing him to improve the infrastructure in the two important hospitals by providing ventilators and other necessary medical equipment and appointing nurses and other medical support staff.

Following his plea, the Chief Minister has directed Health and Family Welfare Department, Medical Education Department and other concerned departments to supply a total of 50 ventilators and other necessary equipment to the two Hospitals.

Referring to COVID-19 testing in K.R. Constituency, Ramdas maintained that all the primary contacts of infected patients have been tested for the virus. Noting that 268 people have been tested COVID-19 positive in his Constituency so far, he said that all necessary measures have been taken for making the Assembly segment virus-free.

Referring to the issue of Caste Certificate for Brahmins, Ramdas said that members of Brahmin community can file online applications from Aug. 5 to Karnataka State Brahmin Development Board for getting caste and income certificates.

Pointing out that the Government had directed all the Deputy Commissioners to issue the certificates, he said that the issuance of caste and income certificates will commence from Aug. 5.

Replying to a question on whether he was a Ministerial aspirant, Ramdas said that he had not sought any post. However, he was ready to accept any responsibility that the party bestows on him in the coming days and it is left to the Chief Minister to give him a Cabinet berth, he added.

Abracadabra... Abracadabra...

By K.B. Ganapathy

Nostalgically Speaking – 3

Mr. Srikantadatta Narasimharaja Wadiyar

In the year 1975 I came here from Poona on a week's leave to participate in the formal inauguration of Academy Press in Saraswathipuram, near Kamakshi Hospital. The building was rented from my brother Dr. K.B. Subbaiah for a pittance (blood is thicker than water!). The arrangements were made by my working partner C.P. Chinnappa and the chief guest to inaugurate was fixed by my brother Dr. K.B. Subbaiah. Who was it? Well, none other than the former Mysore Kingdom's Royalty, the Scion of the Mysore Royal family Mr. Srikantadatta Narasimharaja Wadiyar. I was delighted. A Prince blessing our Printing Press!

A shamiyana was erected, chairs for about 100 invitees were arranged and invitees started arriving.

Almost all of them were friends and acquaintances of my brother Dr. Subbaiah. After all, both Chinnappa and I were new to Mysore. As time passed, the inaugural time arrived but no trace of the chief guest Mr. Wadiyar. Those days telephone contacts were difficult to make. Call to Palace drew a blank. My poor brother was looking anxious. Even embarrassed. Mr. Farrokh K. Irani, MD of Ideal Jawa Motorcycle factory, was with my brother and advised waiting.... Guests were feeling restless. Some of our friends were seen whispering about the bad omen and such stuff.

And finally, the Good Samaritan of Mysore of those days, Mr. Farrokh Irani inaugurated the Press and gave a brief speech. It was God's way. Academy Press prospered faster than we expected. Thank heavens. A man with Midas Touch inaugurated the Press and see where we are after 43 years... Thank you Mr. Farrokh.

In the middle of 1977, I shifted to Mysore to join the Press as a working partner and started *Star of Mysore* evening English newspaper, on 16th February 1978 without any inaugural function. The reason was that we did not want to face a possible embarrassing situation as we suffered at the time of inaugurating the Press two years back. To justify such a decision and to tell our readers the philosophy and the purpose of the newspaper, I wrote an Editorial, short one, instead. Let me reproduce it here, as a reminder to our readers:

A Star is Born

In an age where birth of a nation is a minor event, birth of a child is a curse, the birth of a newspaper is bound to be a non-event. More so when its founders and the Editor are from among the common men with no past of any distinction. Which is why there was no ceremonial inauguration of the publication of ***Star of Mysore*** *nor any promotional campaign.*

It is natural, our readers may want to know what manner of a newspaper this ***Star of Mysore*** *will be. A run-of-the-mill type that flutters and falls gently, like an unwanted old leaf, through the window into your drawing room every evening or the one that will interest you to welcome home and read with pleasure.*

Yes, the ***Star of Mysore*** *is conceived and produced to belong to the latter category.*

This is a local paper and as such we are more interested in what is happening in our immediate surroundings rather than in the distant Delhi everyday.

Our investigative reporter will sneak into the Municipal Council Hall, go nosing around University campus, walk footloose along the Police beat, amble into the hospitals and slink under the seat of power to publish in cold print all that you always wanted to know but could not. Now a STAR is born to fulfil that need.

We, the publishers, reporters and the Editor are aware of our responsibility to our readers. And it is our hope that we will be able to find a responsive readership in you. We are also aware that in the final analysis, it is your patronage and support (both from the readers and the advertisers) that will sustain us in our noble goals and work-a-day life.

The best cannot come in the beginning. We have many constraints. We are improving now and will improve as days pass by. You will soon find better headline types, brighter layout and excellent printing. We are trying. The Star must shine.

Our patrons and subscribers may be seeing this first editorial every year in our Special Anniversary Issue.

On 16th February 1979, however, we decided to hold the first anniversary of *SOM* in the Town Hall, more to promote the paper than as a celebration. By then our circulation had touched 2,000 copies — in just 12 months! I do not know why and how. This time too Prince was to preside over the function. Town Hall was full to the last seat and overflowing to the side-verandas. No trace of the Prince and this time it was Mr. Anagol, the Divisional Commissioner, who saved the situation for me and the function. The main attraction of the function was the Kathak dance performance by the son of Premier Studio owner Mr. Basavarajaiah, Mr. B. Nagaraj and his troupe. It was a grand function and helped *SOM* in increasing the circulation and also advertising for those days.

In future years, young Mr. Srikantadatta Narasimharaja Wadiyar rose in stature and became a Member of Parliament, Lok Sabha, by winning the election as a Congress candidate. He was an MP for four terms. He was an interesting person, quite knowledgeable on many subjects and a good conversationalist once engaged. Very religious, carried himself in a regal manner in public places and a great host befitting Royalty.

Around 1982-83 I had gone to the Palace with my friend one Ram Prasad, who knew the Prince, for an interview relating to the controversy about the ownership of the cinema theatre 'Shyamsunder', near the Zoo. It was a very frank and a long interview of nearly two hours over two cups of coffee served in silverware and my notes running over 100 pages of reporter's pad! He was very gentle, soft spoken and a very young man in his late 20s.

When the interview was over, I was delighted, as the Editor of *Star of Mysore*, thinking I had a scoop. Alas! But it was not to be. As I got up from my seat to leave, thanking him profusely, he said, "Please don't publish until I tell you." He did not tell me. I did not publish.

Before I forget, my two sons and I will always gratefully remember him for the support he gave us when my sons contested for the Mysore Race Club (MRC) membership elections.

Every year during Dasara he would conduct 9-10 days of religious rituals in the Palace as per the Palace tradition and also hold his Private Darbar on lines of the period in the past when his dynasty ruled the Mysore Kingdom. On such occasions seeing him seated on the Golden Throne, dressed in the Royal Regalia, was a sight to be seen. It was a testimony to the great reverence and pride he had for his Royal lineage and his Yadu Dynasty of Wadiyars who ruled Mysore Kingdom for over 500 years (1339 to 1950) with 38 years of interregnum when Hyder Ali and his son Tipu Sultan ruled.

It was sad that Mr. Wadiyar died rather young at age 60 in the year 2013.

NOTE: *Nostalgically Speaking - 2 on Mysore, a Pensioner's Paradise, was published on July 26. Watch out for Nostalgically Speaking - 4 on Farrokh K. Irani next week.*—**Ed**

e-mail
kbg@starofmysore.com

53 healthy babies

(Continued from page 1)

Sources from the Health Department told *Star of Mysore* that when the first wave of the pandemic hit Mysuru in the form of Jubilant Generics Cluster case which saw over 91 COVID-19 positive cases, one woman from Ireland, who was pregnant, had come to Mysuru.

Ireland woman's case

Due to her travel history, many private hospitals refused to admit her though she was about to deliver a baby for the fear that the entire hospital might be sealed down if she tested positive. Later when throat swab tests were conducted on her, the results came negative. Despite this, private hospitals did not take her as an inpatient. Finally she was taken in by a hospital after the DC and DHO intervened. When the Ireland woman's case was reported, the number of COVID-19 cases was about 91 and the District Administration acted swiftly with foresight in case the cases increase and more and more pregnant women test positive.

Need for exclusive hospital

The existing Cheluvamba and K.R. Hospital could not be converted as COVID maternity hospital as other non-COVID patients would be affected. They later identified State-run Lakshmi Devamma Shankarashetty Hospital and equipped the Hospital to handle deliveries and isolation. On June 16 and 17, two more pregnant women tested positive and they had come from K.R. Pet and Maharashtra to K.R. Nagar. Both were admitted to Lakshmi Devamma Shankarashetty Hospital and two healthy babies were delivered.

Later, the Lakshmi Devamma Shankarashetty Hospital was declared as the exclusive COVID maternity Hospital. The Hospital has two anaesthesiologists, two gynaecologists and obstetricians and three paediatricians. They work in shifts along with a team of other healthcare workers.

Extra precaution

Hospital doctors said that the staff wore PPE kits and took other preventive measures during deliveries. The staff was already extra cautious to ensure that no harm was caused to either mother or child. All measures were followed to ensure the babies do not contract any virus.

The babies were given to mothers only when feeding and before mothers fed the babies, they are made to wear face protection and their hands are sanitised. Doctors said that the virus does not spread through breast-feeding.

The mothers, however, are not allowed to kiss the babies. After feeding, mothers are isolated from their newborns.

Mixed response for first lockdown-free Sunday

Roadside vendors awaiting customers near Dufferin Clock Tower as most Mysureans preferred to stay indoors on Sunday morning. Picture right shows Traffic Police conducting checking for helmetless riders and riders without face masks on Sayyaji Rao Road this morning.

Mysuru, Aug.2 (MTY&DM)- Even as the District Administration cancelled the Sunday total lockdown from today (Aug. 2), the city witnessed a mixed response to the first lockdown-free Sunday, with traders at most of the commercial streets seemed to be reluctant to open shops in the city.

After the Union Government announced unlock measures in third phase further lifting some more restrictions, the State Government, a couple of days ago decided to withdraw Sunday total lockdown and night curfew diktat that was supposed to be till Aug. 2.

However, the lifting of the Sunday lockdown seemed to have received muted response from the public, who are weary to venture on to the streets in the wake of the rapid spread of COVID-19 pandemic in the city over the past couple of weeks.

On D. Devaraj Urs Road, some shops were seen open, while the rest remained closed and so was the case at Devaraja Market Complex, Sayyaji Rao Road, Ashoka Road, N.S. Road, Dhanvantri Road and other prominent commercial streets in other localities of the city. However, a few customers were seen shopping at the opened shops, with people showing little enthusiasm for shopping on the first lockdown-free Sunday.

Shops at Shivarampet and Santhepet in the heart of the city remained shut as the traders had voluntarily declared bandh on all Sundays even before the State Government announced total lockdown on Sundays from July 5 to Aug. 2. The prominent streets of the city too witnessed much lesser vehicular and pedestrian movement as compared to the Sundays before the outbreak of COVID-19 pandemic.

Although KSRTC operated buses from City Bus Stand and Sub-Urban Bus Stand, the number of passengers was far less as compared to other days. The KSRTC authorities operated only a few city buses because of less commuters, while at the Sub-Urban Bus Stand, there was a higher demand for buses to Bengaluru as compared to other destinations.

Autos, taxis and maxi-cabs also were out on the streets, but there was poor public response.

Though most of the hotels and restaurants were open, several of them recorded business far less than anticipated, bringing concerns to the hotel owners.

With the Sunday lockdown lifted, the Mysuru Zoo and the City Palace too were opened for visitors. But the usual Sunday rush was glaringly missing, as both the tourist spots saw only a few tourists and visitors.

Overall, the business and commercial activities in the city on the first lockdown-free Sunday fell short of the expectations, with people yet to come out of the COVID-19 scare and fearing to come out on to the streets.

Amid COVID-19, rakhi sales see massive drop

Raksha Bandhan, or Rakhi, one of north India's biggest festivals falls tomorrow (Aug. 3). As the COVID-19 pandemic continues to spread across the country, this festival which celebrates sibling bonds where many brothers and sisters won't be meeting in large family parties or even small lunches and dinners will be a low-key affair this year. Even the sale of Rakhis that peak ahead of the festival has seen a sharp decline. Photo shows women purchasing Rakhis at Shivarampet this morning.

Real estate revenues

(Continued from page 1)

Also, many PGs that were occupied by students are vacant as colleges and universities are shut. "In usual times, the rentals usually increase anywhere between 5-10 percent on an average in a year. No correction in rents has taken place as of now. This trend will continue for some months," said Vishnu Prasad, a real estate dealer in Vijayanagar.

Even the commercial complex rentals and city's office market was on a very strong footing with a robust momentum in demand until the first-quarter of 2020. However, as businesses faced disruptions in the wake of the pandemic the office space market and building rent felt the pinch and went into decline mode. Many deals faced delays and new enquiries were put on temporary hold.

Reduced rents

Experts say rent levels may reduce further if the COVID-19 pandemic doesn't ease and companies decide to extend the work from home option for a few more months. "With the current situation of job cuts and salary losses, tenants are either vacating properties or demanding rent relief. Also, many houses are becoming affordable as owners have slashed rents in the hope of getting some income," Prakash Rathod, a property consultant from Ramakrishnanagar said.

"Many house owners are approaching us because their tenants have vacated. Many homes are left empty. Rents have come down because most owners are willing to take lower rates. They feel it is better than leaving the house vacant," he added.

Families who used to reside in 3 BHKs are shifting to 2 BHKs. They may stick to the same area, but this downgrading helps them reduce their monthly expenses. "Slowly, demand might pick up for smaller accommodation on the outskirts as now the preference is not for crowded areas due to the pandemic. There might be no takers for huge houses at least for six to seven months till there is mass availability of COVID vaccines," says Goutham Shankar, whose 3 BHK is lying vacant since two months.

Women fit at 40 and beyond

Challenges, prevention and wellness

By S.N. Tejaswini
Associate Professor,
JSS College of Physiotherapy

Women experience unique healthcare challenges and are more likely to be diagnosed with certain unique diseases compared to men. 38 percent of women suffer from one or more chronic diseases, compared to 30 percent of men. As women grow older their health needs change and starts developing chronic problems which are often neglected.

Heart disease is the leading cause of death in women. The risk of heart disease is due to unhealthy lifestyle, like diabetes, hypertension, obesity and lack of physical activity.

Cancer is the second leading cause of death globally. Cancers of the breast, lung, colon, skin and uterus is often common in many women. Approximately 70 percent of deaths from cancer occur in low and middle income countries. High body mass index, low fruit and vegetable intake, lack of physical activity, tobacco use, and alcohol use. Tobacco use is the most important risk so raising awareness about symptoms and risk factors for particular cancers is an important component of prevention and early diagnosis.

WEIGHT GAIN AND DISORDERS

Less activity plus the natural loss of muscle mass can both contribute to a slower metabolism as you get older. Weight gain usually happens due to various reasons like hypothyroidism, polycystic ovary syndrome, depression and anxiety, insomnia, perimenopause, dehydration, ovarian cancer, diabetes, and pregnancy-induced weight gain. Metabolic disorders like diabetes, hypertension, and obesity increase your risk of heart disease and stroke. Stress, unhealthy eating habits, lack of physical activity can even more prone for worsening the problem. If you have metabolic syndrome or any of its components, aggressive lifestyle changes can delay or even prevent the development of serious health problems.

Depression: Women are twice as likely to experience depression than men. The condition will affect one in five women at some point in their lives, most commonly between ages 40 and 59. Depression can impact every area of a woman's life in her physical health, social life, relationships, career and sense of self-worth due to various factors such as reproductive hormones, social pressures and unique female response to stress. However, women should understand that and it's important to know you are not alone.

Osteoporosis is a disease in which bones become fragile and more likely to break and is most prevalent in post-menopausal women. Women tend to have smaller, thinner bones than men. Estrogens hormone in women that protects bones decreases with strength when women reach menopause, which can cause bone loss. Therefore, the chance of developing osteoporosis increases as women reach menopause. Early menopause can cause early bone loss and disease well before the age of 65. Women lose more than 30 percent of their bone mass within five years after menopause. Additionally, inadequate physical activity (weight-bearing exercise), smoking and drinking too much alcohol increase your risk.

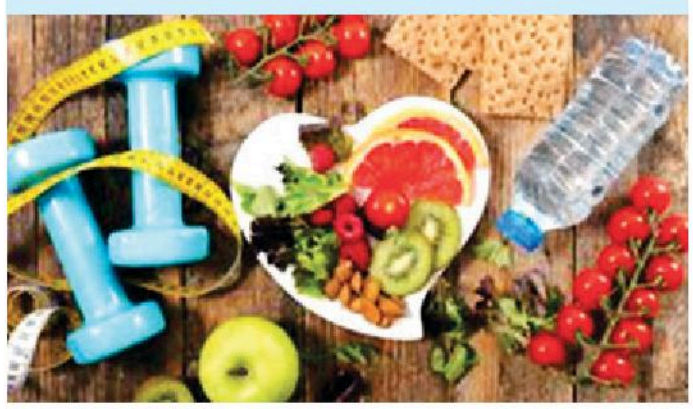
PREVENTION AND WELLNESS

To prevent disease and promote healthy behaviours, initiatives related to promoting healthy lifestyles which include eating nutritious foods, exercising, maintaining a healthy weight and reducing risky behaviours can help prevent many chronic diseases. Women represent the cornerstone of a family's overall health, ensuring they have access to quality care also can lead to improved health for children and families.

Access for health: Take control by talking with your doctor about your risk factors. If you have health problems like high cholesterol, high blood pressure or diabetes that increase your risk of heart disease and stroke, follow your doctor's treatment recommendations.

Suggestions for overcoming physical activity barriers

- Monitor your daily activities for one week. Identify at least 30-minute time slots you could use for physical activity.
- Add physical activity to your daily routine. For example, walk or ride your bike to work or shopping, organise school activities around physical activity, exercise while you watch TV, park farther away from your destination, etc.
- Select activities requiring minimal time, such as walking, jogging, or stair climbing.
- Explain your interest in physical activity to friends and family. Invite friends and family members to exercise with you. Plan social activities involving exercises.
- Schedule and convince yourself that, physical activity will increase your energy level; then, try it. Develop new friendships with physically active people. Join a group, such as hiking club.
- Motivate yourself and involve in physical activity as regular part of your daily or weekly schedule and write it on your calendar.
- Do not hesitate for injury; learn how to exercise appropriately considering your age, fitness level, skill level, and health status. Choose activities involving minimum risk.
- Select activities requiring no new skills, such as walking, climbing stairs, or jogging jump rope, do callisthenics, ride a stationary bicycle.
- Identify inexpensive, convenient resources available in your community (community education programmes, park and recreation programmes, work site programmes, etc.



HEALTHY LIFESTYLE DIET

Eat a healthy diet rich in calcium and Vitamin D. Vitamin D is essential to absorbing calcium. Eating plenty of vegetables, fruits, lean protein and whole grains and limiting saturated fat and salt in your diet get at least 30 minutes a day of weight-bearing physical activity. Get outdoors in the sun. If you feel constantly on the edge or under assault, your lifestyle habits might suffer and so might your immune system. Take steps to reduce stress or learn to deal with stress in healthy ways.

BARRIERS TO PHYSICAL ACTIVITY

Understanding common barriers to physical activity and creating strategies to overcome them may help make physical activity part of daily life. People experience a variety of personal and environmental barriers to engaging in regular physical activity. Some of the personal barriers to physical exercise that women face includes family responsibilities, cultural or social beliefs, economic or employment status, level of education, lack of time, willpower, fear of injury, lack of skill, confidence in their ability to be physically active, lack of resources for recreational facilities and of exercise equipment and also the environmental factors such as traffic and pollution may also have an effect. The top three barriers to engage in the physical activity across the adult lifespan are time, energy and motivation.

Develop a set of regular activities that are always available like indoor cycling, aerobic dance, indoor swimming, calisthenics, stair climbing, rope skipping, mall walking, dancing and gymnasium games. Engage daily routine activities as part of exercise like climb the stairs, walk to buy something from shop, involve in aerobic exercise.

Look upon your retirement as an opportunity to become more active instead of less. Spend more time gardening, walking, and playing with your grandchildren. Now that you have the time, make regular physical activity a part of every day. Go for a walk every morning or every evening before dinner. Involve yourself to an exercise cycle, reading a favourite book or magazine.

BENEFITS OF PHYSICAL ACTIVITY

- **Improves muscular and cardio respiratory fitness.**
- ***Improves bone and functional health.***
- ***Reduces risk of hypertension, coronary heart disease, stroke, diabetes, various types of cancer (including breast cancer and colon cancer) and depression.***
- ***Reduces the risk of falls as well as hip or vertebral fractures.***
- ***Fundamental to energy balance and weight control.***

Your body hears everything that your mind says so don't limit your challenges, challenge your limits. Stay fit stay healthy.

Shifting COVID patients to hospitals, care centres a Herculean task

● Convincing is a major challenge ● Positive persons provide wrong cell phone numbers and hoodwink officials ● Volunteers provide information to COVID-positive persons at Krishnaraja, Narasimharaja and Chamaraja Constituencies

By M.T. Yogesh Kumar

Mysuru, Aug. 2- Following speedy Rapid Antigen Testing undertaken at all Assembly segments of city, the number of COVID-positive cases is also increasing and the 'Shifting Team,' which is deployed to instil confidence among positive patient, is finding it difficult to convince patients and shift them to COVID Hospital or to the COVID Care Centres.

It has also become difficult for the officials to contact those who test positive for COVID and guide them as many are providing wrong mobile phone numbers during swab tests and are hoodwinking the officials, which has turned out to be a headache to them.

There are eight volunteers in the 'COVID Shifting Team' deployed at the War Room started by the Mysuru City Corporation (MCC) at the Town Hall, who are playing a major role in guiding COVID positive patients and getting them admitted to hospitals despite risks of getting contracted with the deadly virus. This 'Shifting Team' is led by MCC Health Officer Dr. D.G. Nagaraj which is relentlessly working to contact the affected and shifting them to hospital or COVID Care Centres.

How the Team works

The list of persons, who test positive for COVID-19 after swab tests are conducted is sent to the eight-member 'Shifting Team.' The list containing more than 150 names of COVID positive persons is segregated according to Constituency – Narasimharaja (NR), Chamaraja and Krishnaraja (KR) and a list is prepared accordingly. Later, the staff call the positive persons over the phone and collect their details such as age, symptoms, if any and other details and document them. Later, the 'Shifting Team' divides the positive persons age-wise and the intensity of the disease.

"I was working in a private company which shut its operations during lock-down. Instead of sitting idle at home, I thought of serving the affected and I am working as a volunteer for the MCC by conducting survey for distribution of grocery kits and packing food packets to those undergoing treatment at COVID Hospital. I am now working as a volunteer in the 'Shifting Team' and I am happy that I am serving the affected."

— Yashas, a volunteer

"Being a National Service Scheme (NSS) volunteer, I am happy to provide my services. The MCC had invited applications for volunteers and after getting selected, I am now working as a volunteer in the Team."

— Mallappa, volunteer

Shifting process

The list is then sent to the Office of the Department of Health and Family Welfare (District Health Officer's Office) which is subjected to Triage process. Triage is the prioritisation of patient care (or victims during a disease breakout) based on illness/injury, severity, prognosis and resource availability. The purpose of Triage is to identify patients needing immediate resuscitation, to assign patients to a pre-designated patient care area, thereby prioritising their care and to initiate diagnostic/therapeutic measures as appropriate.

It is only after the completion of the Triage process, the 'Shifting Team' shifts asymptomatic and mild cases to the COVID Care Centre at Mandakalli. Those with severe COVID infections are shifted to the COVID Hospital, moderate cases to the ESI Hospital, pregnant women to the Maternity Hospital at Jayalakshmipuram and Police personnel, officials to Vikram Hospital.

The 'Shifting Team' is provided with three Intensive Care Unit (ICU) ambulances and six Tempo Traveller vehicles. This 'Shifting Team' works from 8 am to 8 pm and the team have caught the attention of all for their tireless and perfect work of shifting the patients to hospitals or COVID Care Centres.

Hoodwinking the officials

There are many persons who are providing wrong details including their phone numbers when the staff collect their details when they undergo swab tests. This has become a headache to the officials to contact them when the swab test results turn positive besides becoming a challenge to the officials to trace them.

Such positive people roam freely on streets thus infecting others and hence the rule to compulsorily wear face masks and maintain social distancing has to be followed by all to avoid getting infected.

There are also examples of people not believing the health staff where they are told that they have tested positive for COVID-19 and indulge in argument with the staff, who call them over the phone to inform their swab test results. Some even argue that they have not undergone swab testing itself, while some provide wrong phone numbers.

These cases are brought to the notice of MCC Commissioner Gurudatta Hedge or Health Officer Dr. D.G. Nagaraj.

Later, the officials with the help of Police somehow trace the positive patients, who had provided wrong details and shift them to hospitals or COVID Care Centres.

Puttige Seer recovers from COVID-19

Udupi, Aug 2 (UNI)- Sri Sugunendra Theertha Swamiji, seer of Puttige Math, who was hospitalised for COVID-19 treatment last week has been discharged after recovery. He was admitted to hospital on July 21 after returning from a tour of Bengaluru. He was admitted to Manipal Hospital.

Swamiji has also started to be involved in the daily poojas and other rituals of the Math on Saturday, official sources said. Meanwhile, according to a Mangaluru report, former MLC and Congress leader Ivan D'Souza and his wife were tested positive on Saturday.

D'souza revealed this in a Facebook post after having undergone test voluntarily. "Myself and my wife Dr. Kavitha have been tested positive for Corona. There were no symptoms but we voluntarily went for a test. There is no anxiety or concern. We request all our friends and well-wishers not to visit us. Your prayers, blessings and good wishes are our strength," his post read.

The leader had participated in a press conference addressed by KPCC President D.K. Shivakumar at the district Congress office here on July 31.

WORD OF THE DAY

Mien

Pronunciation: MEEN
Meaning: Air or bearing especially as expressive of attitude or personality : demeanor; appearance, aspect.
Origin: Like its synonyms bearing and demeanor, mien means the outward manifestation of personality or attitude. Bearing is the most general, but it often implies characteristic posture, as in "a woman of regal bearing." Demeanor suggests attitude expressed through outward behavior in the presence of others — for example, "the manager's professional demeanor." Mien is a somewhat literary term referring to both bearing and demeanor. "A mien of supreme self-satisfaction" is a typical use. Mien and demeanor are also linked through etymology. Mien arose through the shortening and alteration of the verb demean, which comes from the Anglo-French demener ("to conduct"), a combination of the de- prefix with mener ("to lead") that is also the root of demeanor. In this case, demean means "to conduct or behave (oneself) usually in a proper manner," not "to degrade." That other demean is a distinct word with a different etymology.
Example: The Minister projected a stern and serious mien from the pulpit, but we found him to be friendly and welcoming when we spoke with him in the social hall after the service.

THE ODD WORD

Mabsoot

Happy.

PHRASE OF THE DAY

Magical realism

Meaning: A literary genre in which magical features and storylines appear and accepted as everyday reality.
Origin: Magical realist stories often have a dream-like landscape and call on folk-lore and myth to question the true nature of reality. Time may be manipulated to appear cyclically or in reverse, rather than in the more usual linear way. It is often unclear whether the reader is intended to view the magical or everyday elements as the more 'real'. In the 1920s an exhibition of pictures titled Neue Sachlichkeit (New Objectivity or New Matter-of-Factness) was presented in Mannheim, Germany. Magical realism was coined by Franz Roh in his article Magischer Realismus ("Magic Realism"), describing the works shown at the event.
The term is now more often applied to a literary genre which appeared much later. This "magical realism" came to prominence in the 1960s with the work of South American writers like Miguel Angel Asturias, Gabriel García Márquez and Jorge Luis Borges, and was first applied to their work by writer and critic Arturo Uslar-Pietri. One Hundred Years of Solitude by Gabriel García Márquez, 1967, is often described as the seminal magical realist story.

QUOTE BOX

Don't save something for a special occasion. Every day of your life is a special occasion. **— Thomas S. Monson**

RIDDLE THIS

Where does today come before yesterday?

Answer : The dictionary.

SUDOKU

		8		2				
6	5	7						
	2		1	7			5	
			4					9
7		1				3		6
9					1			
	1			9	5		3	
						4	9	8
				8		6		

Answer to previous puzzle

9	5	3	6	2	4	8	7	1
2	1	8	9	3	7	4	5	6
7	6	4	8	5	1	9	2	3
1	2	9	7	4	5	3	6	8
5	4	7	3	8	6	2	1	9
3	8	6	1	9	2	5	4	7
6	9	5	4	1	3	7	8	2
4	3	1	2	7	8	6	9	5
8	7	2	5	6	9	1	3	4

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concept is Sudoku increases from Monday to Sunday.

CROSS WORD

ACROSS:

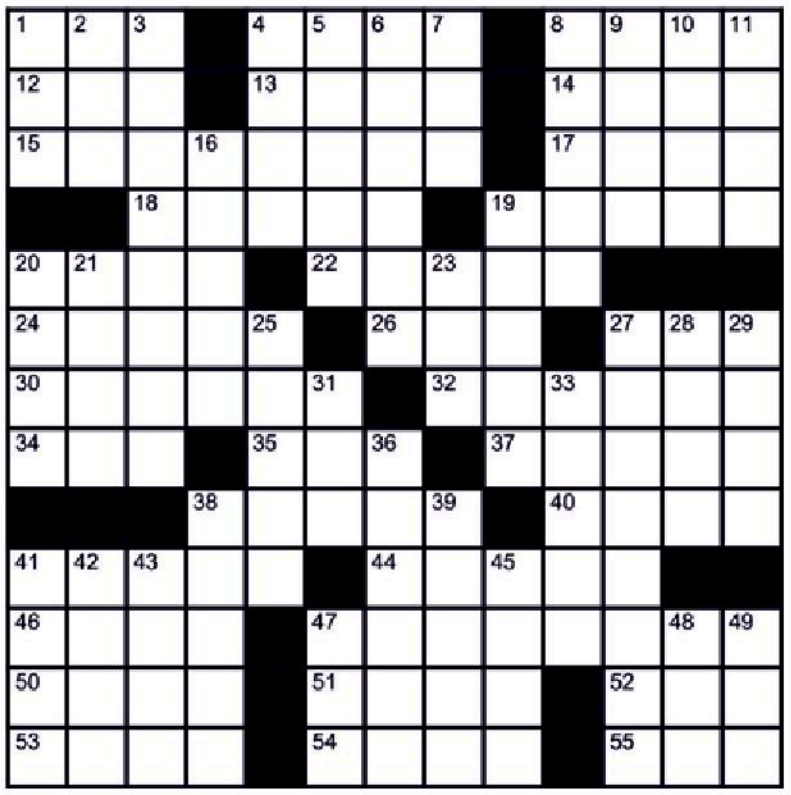
1 High mountain
4 Theatrical production
8 A pile of things
12 Thai language - "Ola" anagram?
13 One in Bonn
14 Indian wheaten flour
15 Advocate
17 Mystic symbol
18 To such time
19 Good-bye from Spain?
20 Bundle of factory packed cotton
22 Very recently
24 Ethiopian capital Addis ___
26 Long fish
27 Legal thing
30 Woodland gods or lustful men
32 ___ of them : quite a few of them?
34 Estimated Time En route
35 Capek's futuristic play
37 Irish playwright Oscar ____
38 Less feral
40 ___ for : be accepted as
41 Disparage, criticise
44 Lead astray
46 S. Indian snack
47 Besmearing or tarnishing
50 Fever
51 Able was I, ___ __ saw Elba? (3,1)
52 Roman seven
53 Sediment or dregs
54 Against
55 Auditory organ

YESTERDAY'S ANSWER

A	T	T	A	■	A	N	S	I	■	A	M	A
L	I	E	U	■	G	A	U	L	■	T	H	Y
E	T	A	T	■	O	N	T	I	P	T	O	E
C	O	L	U	M	N	■	R	A	R	A	■	■
■	■	■	M	A	I	D	A	■	A	C	E	D
S	O	A	N	D	S	O	■	A	N	K	L	E
O	D	D	■	L	E	G	A	L	■	E	S	A
R	E	E	D	Y	■	M	E	A	N	D	E	R
E	R	L	E	■	B	A	R	R	A	■	■	■
■	■	A	L	A	R	■	A	M	R	I	T	A
T	R	I	E	D	O	U	T	■	R	O	O	M
A	N	D	■	E	T	R	E	■	O	N	U	S
O	S	E	■	S	H	E	D	■	W	A	R	S

DOWN

1 Alcoholic beverage
2 Slack or loose
3 Inhabit or live in
4 Cooped up
5 ___ ___ ruins : be overthrown or fallen? (3,2)
6 Founder of the American Shakers (3,3)
7 Up to now
8 Not easily fatigued
9 Needle case
10 __ __ cost : free ? (2,2)
11 Leander of Indian tennis
16 __ __ one : singly? (3,2)
19 Grant or permit
20 Bottom part
21 Blind as _ __? (1,3)
23 Marry
25 An imposing series or display
27 Family member
28 Aims or goals
29 Nav. readings
31 A quantity of money
33 Lively
36 Come back?
38 Attempts or has a go at
39 Rent out again
41 Phone or call on phone
42 On ____: nervously irritable?
43 Provide the statements as a crossword compiler?
45 1052 in Roman numerals
47 Body of water
48 Actress ___ Peeples
49 ___ Forests : the lion sanctuary in Gujarat?



CRYPTOQUIP

The Cryptoquip is a substitution cipher in which one letter stands for another. If you think that X equals O, it will equal O throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

LGKQSJKSRZ SR OJEQ TJYBSTKSJY KUGK KUSR

TJEYKQO SR RELAQSJQ KJ GMM JKUAQ TJEYKQSAR

DATGERA OJE FAQA DJQY SY SK.

TODAY'S CLUE: E EQUALS U

Yesterday's Cryptoquip: Don't worry if you're a kleptomaniac, you can always take something for it.

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Pathetic condition of the road in Rajendranagar

This road at Rajendranagar in Kesare 1st Stage is in a pathetic condition and needs immediate attention. The road is filled with numerous potholes which is not visible during rains as rain water gets filled inside these potholes and two-wheeler riders unable to make out the potholes ride into these potholes and fall down injuring themselves. Authorities concerned are urged to take steps to get the road asphalted at the earliest.

Plea to barricade Lansdowne Building

Zinc sheets that were placed around Lansdowne Building as barricades to prevent public from venturing near this dilapidated heritage structure have fallen down and has now become a place to answer nature's call and dump garbage. With the sheet barricades fallen and public venturing close to the structure, public are risking their lives and also the place has become a dumping yard. Authorities concerned are urged to take steps to barricade the surrounding of the dilapidated building at the earliest.

Overgrown bushes and plants in vacant site at N.R. Mohalla needs to be cleared

Bushes and unwanted plants grown inside a vacant MCC site on the 11th cross in North-East of N.R. Mohalla, behind Mubeen Mosque is causing a lot of problems, allege residents of the locality. Residents living in the surroundings of this vacant site say the overgrown bushes and plants have become a safe haven for rodents and snakes and also a perfect place for mosquitoes to breed due to which children and senior citizens are falling sick due to mosquito bites. Residents have urged the MCC authorities to clear the weeds grown in their site at the earliest.

54,000 saplings to be distributed to popularise Kodagu Orange

Madikeri, Aug. 2 (UNI)- For the past two years coffee land of Kodagu, also known for its oranges, has been facing devastation triggered by floods and landslides affecting the crop and causing loss to the growers.

Over the years, the crop area has not expanded much with issues over falling prices and pest attacks. In a bid to expand the crop which is primarily cultivated amidst coffee plantations, the Department of Horticulture has grown over 54,000 orange saplings for distribution among the growers for planting them in their plantations this year. These saplings had been produced at State-run Horticulture Farms across Kodagu.

"We have set a target of increasing the crop size by at least 10 per cent a year. The Department has eight farms where the saplings of Kodagu Oranges were carefully produced to expand its area of cultivation. Kodagu's climatic condition is unique and the oranges grown here come with a lot of pulp and also taste good," said Shashidhar, Deputy Director of Horticulture.

The area of cultivation has come down over the years to less than 5,000 hectares and the yield has also been falling because of climate change. Subsidy is offered to growers to boost cultivation of the fruit, also called Coorg Mandarin.

Appanna, a progressive farmer from Gonikoppal, has over 100 orange trees and was harvesting over two to three tonnes a year. "I suffered loss because of excessive rains. I used to harvest 30-40 kg from each tree but the yield fell to less than 10 kg and the fruit quality had also dropped," he explained.

Siddharamaiah declines to reply on legal notice served by BJP legislator

Mysuru, Aug. 2 (UNI)- Opposition leader in the Karnataka Legislative Assembly and Siddharamaiah on Saturday declined to reply to the legal notice served on him by a BJP legislator saying that it has no value since allegations were made against the State Government and not the Party.

Speaking to the media here, the former Chief Minister said, "We made allegations about corruption in the purchase of medical equipment by the ruling Government and not against the Party so notice should be served by the State Government and not by an individual."

He said that the legal notice served to him and Karnataka Pradesh Congress Committee (KPCC) President D.K. Shivakumar is an attempt to intimidate them. Siddharamaiah questioned the purpose of the legal notice served by a BJP MLC when charges of corruption in the COVID-19 management had been made against the State Government.

"Both of us will reply appropriately but one should understand that the charges of corruption had been made against the government. "We will not be scared by the legal notice", he said.

He also tweeted that he expected the legal notice to be served by Chief Minister B.S. Yediyurappa, Ministers or the Chief Secretary after the Congress 'exposed' the corruption by the Government in the purchase of equipment to fight COVID-19.

Further, he tweeted that the government was being 'foolish' if it was under the impression that it can browbeat the Congress leaders before adding that the party would take its struggle against corruption to the people.

Reacting to the BJP leaders raking up the Hublot watch case, the former Chief Minister questioned whether he should also recall the past cases involving Mr. Yediyurappa. He said the Anti-Corruption Bureau (ACB) had conducted a probe into the watch case and had given him a clean chit. The watch had been handed over to the Government and the person who presented the watch has also submitted an affidavit in this regard.

"Was the watch purchased from public money? It had been presented by somebody and was not bought by looted money. An inquiry has already been conducted in the matter and a clean chit has been given", Siddharamaiah said before clarifying that the BJP had taken up the watch issue only to 'mislead' the people.

Referring to BJP leaders' comments about him sharing the dais with Shivakumar, who had gone to jail, Siddharamaiah said the cases filed by the Enforcement Directorate against the Congress leader were "politically motivated". Asking the BJP leaders if the Courts had found Shivakumar guilty, Siddharamaiah said the Courts had given the KPCC President bail.

Grandson checkmates Siddu

Former Chief Minister and current leader of the Opposition Siddharamaiah plays chess with his grandson Dhavan Rakesh Siddharamaiah (son of late Rakesh Siddharamaiah) at the former CM's farmhouse at T. Katoor in Mysuru yesterday as granddaughter Tanmayi wears an amused look on her face. Dhavan is attached to his grandfather and does all his shopping.

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